



Get your body moving with this word search puzzle featuring a list of exercises that will keep you in shape.



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Get in Shape

- | | | | |
|------------|----------|---------------|---------|
| BICYCLE | JOGGING | SHOULDERPRESS | WALLSIT |
| BURPEE | LEGPRESS | SITUPS | YOGA |
| CALFRAISES | LUNGE | SQUAT | ZUMBA |
| CHINUPS | PLANK | STAIRCLIMB | |
| CRUNCHES | PUSHUPS | SWIMMINGLAPS | |
| ELLIPTICAL | ROWING | TRICEPDIP | |



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E	O	O	R	H	G	A	I	J	S	Q	U	A	T	T
N	S	T	O	E	E	A	G	O	S	L	T	S	H	T
W	E	W	W	S	T	T	R	G	E	O	O	B	W	I
A	C	H	I	N	U	P	S	G	I	R	S	S	C	S
L	S	I	N	M	E	L	L	I	P	T	I	C	A	L
L	L	T	G	P	M	Z	H	N	T	I	R	L	L	E
S	B	E	A	B	U	I	U	G	E	U	E	L	F	N
I	U	P	G	I	I	S	N	M	A	H	P	T	R	L
T	R	E	L	P	R	C	H	G	B	E	O	S	A	U
B	P	O	T	A	R	C	Y	U	L	A	E	S	I	N
I	E	N	H	F	N	E	L	C	P	A	N	E	S	G
S	E	Y	O	G	A	K	S	I	L	S	P	E	E	E
C	R	U	N	C	H	E	S	S	M	E	E	S	S	H
T	R	I	C	E	P	D	I	P	A	B	E	U	D	I
N	O	S	H	O	U	L	D	E	R	P	R	E	S	S



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