



Get your body moving with this word search puzzle featuring a list of exercises that will keep you in shape.



© AhaPuzzles.com

Get in Shape

ARMCIRCLES
BICEPCURL
BICYCLE
BURPEE
BUTTERFLY
CALFRAISES
CHINUPS

CRUNCHES
ELLIPTICAL
FLUTTERKICK
GLUTEBRIDGE
JOGGING
LATPULLDOWN
LEGPRESS

LUNGE
PELVICTILT
PILATES
PLANK
PUSHUPS
ROWING
SITUPS

SQUAT
STAIRCLIMB
TREADMILL
TRICEPDIP
WALLSIT
YOGA
ZUMBA



Get your body moving with this word search puzzle featuring a list of exercises that will keep you in shape.

H	F	S	Y	S	E	H	C	N	U	R	C	E	E	Y	O	H	E	O	A
I	N	E	L	L	I	P	T	I	C	A	L	E	D	P	V	U	L	O	G
E	O	D	F	A	L	E	R	F	L	U	T	T	E	R	K	I	C	K	O
G	E	H	R	I	I	U	M	P	N	E	E	T	T	S	E	O	E	R	Y
D	H	E	E	P	R	U	B	U	W	I	G	M	I	S	C	I	G	E	L
I	S	C	T	P	S	D	E	S	N	L	E	N	E	S	A	O	I	S	B
R	R	R	T	O	O	A	I	H	T	A	E	P	U	O	L	S	F	T	W
B	S	P	U	N	I	H	C	U	R	T	P	A	I	L	F	L	L	E	T
E	L	R	B	N	G	H	E	P	H	P	L	R	M	L	R	A	A	E	A
T	R	P	S	I	T	U	P	S	O	U	A	M	T	F	A	A	I	W	E
U	U	A	D	S	J	E	A	I	E	L	N	C	R	W	I	T	H	N	B
L	C	N	O	E	E	O	R	L	U	L	K	I	T	C	S	R	E	I	P
G	P	A	T	A	E	S	G	A	T	D	N	R	A	S	E	T	C	S	I
A	E	S	P	M	F	G	D	G	S	O	A	C	H	E	S	Y	E	O	D
G	C	D	A	R	E	R	L	Q	I	W	E	L	A	V	C	W	R	H	P
N	I	N	T	H	I	E	U	G	E	N	I	E	E	L	A	N	G	P	E
I	B	Z	U	M	B	A	E	W	W	D	G	S	E	I	R	I	T	E	C
W	O	N	S	T	T	P	T	P	E	L	V	I	C	T	I	L	T	E	I
O	R	R	D	S	T	T	T	R	E	A	D	M	I	L	L	V	L	T	R
R	S	S	E	R	P	G	E	L	B	M	I	L	C	R	I	A	T	S	T



Play This Word Search
ahapuzzles.com/x/ws/79

© AhaPuzzles.com