



Get your body moving with this word search puzzle featuring a list of exercises that will keep you in shape.



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### Get in Shape

BICEPCURL  
BICYCLE  
BURPEE  
CHINUPS

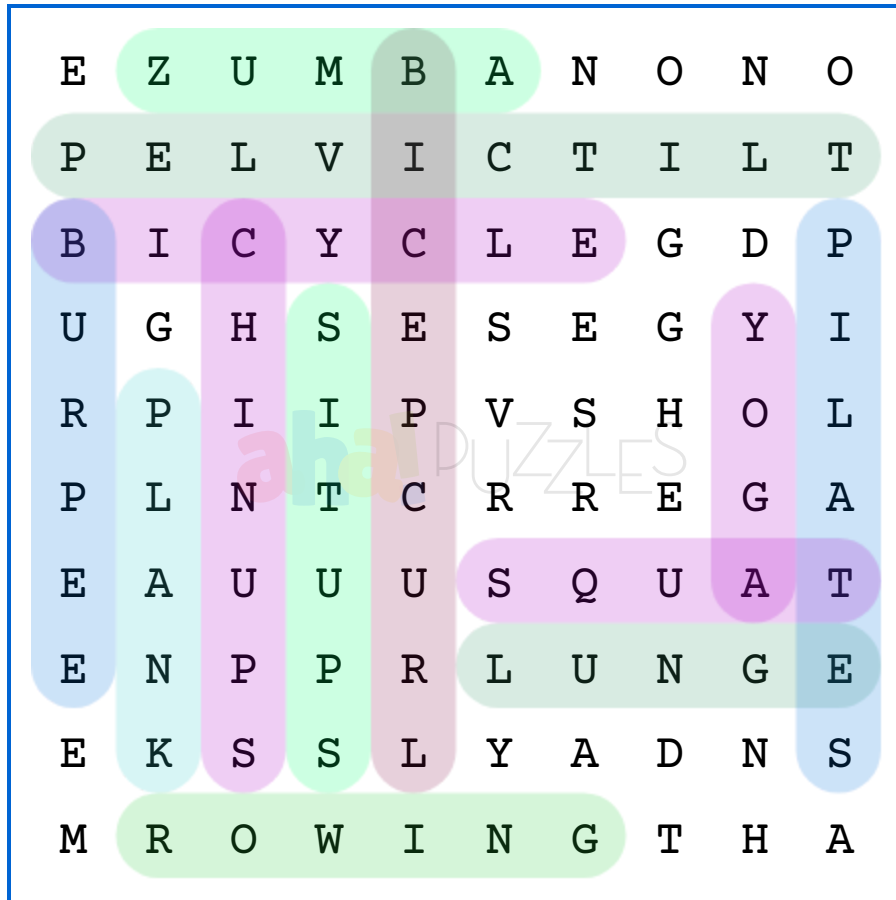
LUNGE  
PELVICTILT  
PILATES  
PLANK

ROWING  
SITUPS  
SQUAT  
YOGA

ZUMBA



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