



Five men are actively working to lose weight. Discover the details about their diets and workout routines.

- Shirt:** black, blue, green, white, yellow

Name: Albert, Fred, Kenneth, Richard, Timothy

Weight: 200 lbs, 220 lbs, 240 lbs, 260 lbs, 340 lbs
- Workout:** boxing, cycling, dancing, swimming, walking

Diet: 1000 kcal, 1100 kcal, 1200 kcal, 1300 kcal, 1700 kcal

	Man #1	Man #2	Man #3	Man #4	Man #5
Shirt					
Name					
Weight					
Workout					
Diet					

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- ☐ Albert is in the second position.

☐ The man wearing the Green shirt is somewhere to the left of the man on a 1700 kcal diet.

☐ The man wearing the Blue shirt is somewhere to the right of the man wearing the Yellow shirt.

☐ The man whose workout is Dancing is positioned at one of the ends.

☐ The man weighing 240 lbs is somewhere between the man wearing the White shirt and the man weighing 340 lbs, in that order.

☐ Timothy is somewhere between the man whose workout is Walking and Fred, in that order.

☐ The man on the 1200 kcal diet is somewhere between the man whose workout is Cycling and the man on the 1300 kcal diet, in that order.

☐ The man wearing the Green shirt is somewhere between the man whose workout is Boxing and the
- man wearing the Black shirt, in that order.

☐ The man wearing the Black shirt is immediately after the man whose workout is Walking.

☐ The man whose workout is Cycling is next to the man who weighs 260 lbs.

☐ The man wearing the Green shirt is somewhere between the man on the 1000 kcal diet and the man wearing the Yellow shirt, in that order.

☐ Richard is somewhere to the right of the man wearing the Black shirt.

☐ The man who weighs 240 lbs also does Walking to lose weight.

☐ The man wearing the Black shirt is somewhere to the left of the man who weighs 200 lbs.

☐ The man who weighs 260 lbs is next to Fred.



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Table with 6 columns (Man #1 to Man #5) and 5 rows (Shirt, Name, Weight, Workout, Diet). The cells contain the puzzle clues in red text.

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- The man wearing the Green shirt is somewhere between the man whose workout is Boxing and the man wearing the Black shirt, in that order.
- The man wearing the Black shirt is immediately after the man whose workout is Walking.
- The man whose workout is Cycling is next to the man who weighs 260 lbs.
- The man wearing the Green shirt is somewhere between the man on the 1000 kcal diet and the man wearing the Yellow shirt, in that order.
- Richard is somewhere to the right of the man wearing the Black shirt.
- The man who weighs 240 lbs also does Walking to lose weight.
- The man wearing the Black shirt is somewhere to the left of the man who weighs 200 lbs.
- The man who weighs 260 lbs is next to Fred.