The teddy bears of Bearborough have been having a rollicking time at the latest teddy bear picnics. However, three of the bears have now decided it's time to lose a few of those unwanted pounds from around the midriff through exercise and giving up certain foods like cream cakes, fries and porridge. Big Bear wants to lose most through cycling. From this information and the following clues, for each teddy, can you determine how many pounds they want to lose, what they are going to eat less of and what exercise they are going to do?

1. Porridge was not reduced by the teddy intending to go jogging, nor was cream cakes.
2. Little Bear, who had the least fat to lose, was not intending to cycle or jog and he certainly was not dropping his intake of porridge.
3. Big Bear had 2 pounds more to lose than the teddy that was going to Teddy gym, but he was not intending to eat less cream cakes.
4. Middle Bear was not going cycling, but wanted to lose 1 pound less than the teddy that was.


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